

Tools to Support Suicide Prevention

The suicide rate in the United States has increased steadily over the last two decades and is the 10th leading cause of death.¹ Despite this, most U.S. adults do believe that suicide can be prevented².

No matter your care setting, suicide prevention training should be an integral part of your staff's development and continuing education.

Whether they are clinicians, administrative staff, supervisors, organizational leadership, or paraprofessionals, Relias provides training for all employees on suicide prevention.

OUR COMPREHENSIVE LIBRARY OF COURSE OFFERINGS INCLUDE TOPICS SUCH AS:

- + Screening for suicide risk
- + Best practices in assessment and treatment
- + Community-based suicide prevention
- + Preventing suicide in youth and young adults
- + Addressing suicide risk among veterans and other special populations
- + Postvention for suicide loss survivors

- + Courses covering evidence-based practices developed by in-house subject matter experts
- + Simulation and scenario-based training to provide staff a safe space to learn new skills and critically apply them in a relevant situation.
- + Management tools to enhance supervisor skills and improve employee development.

Decreasing the risk for suicide is possible with knowledgeable staff who have the skills, tools, and confidence to identify risk early and intervene.

See how Relias can help *everyone* on your staff support suicide prevention.

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If you are in crisis or know someone who is, please call or share the National Suicide Prevention Lifeline at **1-800-273-TALK (8255)** or contact the Crisis Text Line by texting **TALK to 741741**.

1. <https://www.nimh.nih.gov/news/science-news/2020nimh-leadership-describes-suicide-prevention-research-priorities>

2. <https://www.datocms-assets.com/12810/1603916624-suicideandmentalhealthpublicperceptionsurveyfinalreportaugust2020.pdf>