

# Help Providers Address the Opioid Crisis



## With the Relias Solution

### Improve Performance:

- multiple prescribers
- pharmacy measures
- concomitant usage

### Targeted Learning for:

- outlier prescribers
- improper first line opioid use
- screening for dependency

When it comes to addressing the opioid crisis, providers need more than single-dimensional, check-the-box CME.

Relias is your strategic partner to help you:

- Target, assess, and evaluate specific measures to reveal areas in which low-performing providers can improve prescribing habits
- Provide tools and resources that positively impact patient outcomes and behaviors in populations at risk for current or future opioid misuse

## Think Beyond CME and Compliance

The Relias Clinical Solution **Preventing Opioid Misuse** was built to improve performance on concomitant usage, multiple prescribers and pharmacy measures. This solution includes pre- and post-assessments to measure growth, and scenario-based content to measure learning effectiveness.

Assessments combined with staff development and training can significantly impact four of the most important drivers of opioid misuse:

- **Opioid risk identification:** identify both current opioid dependence and those with increased potential of opioid dependence
- **Screening for substance misuse and key addiction behaviors:** screen for behaviors and other substance misuse that contributes to dependence
- **Proper opioid prescribing:** ensure providers are following proper use of opioids and best prescribing practices to reduce the likelihood of opioid misuse
- **Multimodal treatment for pain:** encourage use of alternative pain management to decrease reliance on opioids

Providers whose habits are identified as outside best practices are assigned a pre- and post-assessment and a series of courses to address the knowledge gaps, including a simulation to demonstrate growth.

## Preventing Opioid Misuse Clinical Solution Courses

- **Screening for Opioid Misuse with the D.I.R.E Score**  
Using the Diagnosis, Intractability, Risk, Efficacy (D.I.R.E.) Score for long-term opioids for chronic pain.
- **Screening for Substance Misuse with AUDIT and DAST-10**  
Tool to identify drinking that could be harmful as well as drinking that could signal alcohol dependence.
- **Pain Screening with The Brief Pain Inventory**  
The Brief Pain Inventory (BPI), its variations, and the optimal use of each for maximum clinical efficiency.
- **Preventing Opioid Misuse Assessment**  
Assesses knowledge of recommendations for prescribing opioids in patients with acute or chronic pain.
- **Opioid Misuse: Outpatient Risk Identification and Stratification**  
Explore risk factors and stratification of opioid misuse, assessment tools, and management.
- **Opioid Use and Misuse Landscape**  
An overview of the opioid epidemic and how healthcare providers are part of the educational solution.
- **Pharmacological Pain Management**  
This module explores the pharmacological management of pain using opioid medication.
- **Multimodal Treatment Planning for Pain**  
Explore best practices for non-pharmacological pain treatment and alternative pain management.
- **Opioid Scenario-Based Challenge**  
This explores 3 case studies related to the proper use of opioids and their impact on patient outcomes.
- **Information Therapy**  
Education in ambulatory care settings to reduce clinician reliance, and improve patient experience.

## Relias Opioid Package Courses

- **Medication-Assisted Treatment in Opioid Addiction**  
Discusses care plans, recovery goals, confidentiality guidelines, and medication-assisted treatments for opioid-addicted individuals.
- **Clinical Practice Guidelines for Prescribing Opioids\***  
An overview of the current opioid use epidemic and strategies for safer pain management practices.
- **History and Evolution of Pain Management and Opioid Use In America\***  
Discusses the prevalence of opioids in treating chronic pain, pain management standards, responses to the misuse of opioids, and opioid alternatives.
- **Kratom: The Non-Opioid**  
Addresses the drug Kratom, including its origin, action, effects, addiction potential, treatment, and legal status.
- **The Treatment of Chronic Pain\***  
Provides an overview of assessment and treatment of chronic pain, and outlines the problem of opioid overuse with this patient population.
- **Treating the Opioid Epidemic\***  
This webinar covers buprenorphine and its clinical use in detail, including short- and long-term outcomes.

*\*CMEs available for these courses*

Discover how the Relias Clinical Solution can help your organization.

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